



The Easter Triduum

Evening Prayer Friday of the Passion of the Lord

Morning and Evening are two “hinges” of the day in the Church’s ritual prayer. Over the days of the Easter Triduum, a household may come together to pray Evening Prayer before dinner.

Begin by making the Sign of the Cross

Psalm

Psalm 116B

If two or more people are praying together, then the stanzas of the psalm can be recited aloud alternately between two groups

I trusted, even when I said:
'I am sorely afflicted,'
and when I said in my alarm:
'No man can be trusted.'

How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his people.
O precious in the eyes of the Lord
is the death of his faithful.

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make;
I will call on the Lord's name.

My vows to the Lord I will fulfil
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

Reading

1 Peter 2:21-24

If a group is praying together, then one person should read the reading aloud

Christ suffered for you and left an example for you to follow the way he took. He had not done anything wrong, and there had been no perjury in his mouth. He was insulted and did not retaliate with insults; when he was tortured he made no threats but he put his trust in the righteous judge. He was bearing our faults in his own body on the cross, so that we might die to our faults and live for holiness; through his wounds you have been healed.

Pause for silent reflection after the reading

Canticle

Luke 1:68-79

All recite together

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant.
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Conclude by making the Sign of the Cross

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**Our Lady of
Mount Carmel**
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